

MENU *Rifugio dei Buoni e Cattivi*

IF YOU ARE HUNGRY

35€

The Monte Arcosu platter

Served on a bed of Irgoli carasau bread

- Villacidro dried sausage and cured ham
- Casizzolu from Osidda and baked ricotta bites from Donori with saffron in carasau breadcrumbs
- Chickpea pâté with oil, salt, pepper and lemon
- Green olives from Gonnese
- Seasonal vegetables from the Molto Sociale Farm, baked
- Barbecue bruschetta served with Extra Virgin Olive Oil



Fresh pasta

Choose from:

Fresh pasta malloreddus

made from Senatore Capelli durum-wheat semolina, Campidanese style



Fresh durum-wheat semolina Senatore Capelli caserecce
with radicchio pesto, walnuts and lemon zest

Main course

The barbecue

Meat cooked over a wood fire, collected in the Oasis, with sausage, bacon and beef flank steak, caramelised onions with Oasis myrtle, and seasonal vegetables baked with Oasis mastic oil

Dessert

Soft pardula cake with fresh ricotta and a dusting of icing sugar
Moka coffee and Bresca Dorada liqueur

Wine and soft drinks are not included

**Some menu items may vary slightly with seasonal produce*



MENU *Rifugio dei Buoni e Cattivi*

CHILD
up to 10 years

15€

Fresh pasta

**Fresh pasta malloreddus made from Senatore Capelli semolina,
with tomato sauce or plain**

Main course

Choose from:

- grilled sausage,
- beef,
- pork belly

Soft drinks not included

MENU *Rifugio dei Buoni e Cattivi*

A LITTLE HUNGRY

20€

For pasta lovers:

The Monte Arcosu platter

+ first course

+ dessert

+ coffee

Wine and soft drinks are not included



For meat lovers:

25€

The Monte Arcosu platter

+ main course

+ dessert

+ coffee

Wine and soft drinks are not included



If you are a child...

If you only want a plate of plain or tomato-sauce malloreddus, you can order it from our waiter.

The pasta costs

6€

up to 10 years old

Wine and soft drinks are not included

**Some menu items may vary slightly with seasonal produce*



MENU

Rifugio dei Buoni e Cattivi

VERY HUNGRY VEGETARIAN (VEGAN MENU ON REQUEST)

30€

The Monte Arcosu platter

Served on a bed of Irgoli carasau bread

- Casizzolu from Osidda and ricotta bites from Donori with saffron in carasau breadcrumbs
- Chickpea pâté with oil, salt, pepper and lemon
- Green olives from Gonnese
- Seasonal vegetables baked
- Barbecue bruschetta served with Extra Virgin Olive Oil

Fresh pasta:

Caserecce di pasta fresca di semola di grano duro Senatore Capelli
con pesto al radicchio, noci e scorza di limone

Main course

- Savoury pie filled with seasonal vegetables and chickpea cream, served with baked potatoes flavoured with Oasis mastic oil

Dessert

- Almond blancmange
- Moka coffee and Bresca Dorada liqueur

Wine and soft drinks are not included

**Some menu items may vary slightly with seasonal produce*



MENU

A LITTLE HUNGRY VEGETARIAN (VEGAN MENU ON REQUEST)

The Monte Arcosu platter + first course + dessert, coffee

Wine and soft drinks are not included.

or

The Monte Arcosu platter + main course + dessert, coffee

Wine and soft drinks are not included.

20€

25€